



A Worship Study Guide for Individuals, Groups and Families for the week of April 4, 2021

All His Benefits

This week, Pastor Steve Shelby preached from [Psalm 103](#). Of David.

- ¹ Bless the LORD, O my soul,
and all that is within me,
bless his holy name!
- ² Bless the LORD, O my soul,
and forget not all his benefits,
- ³ who forgives all your iniquity,
who heals all your diseases,
- ⁴ who redeems your life from the pit,
who crowns you with steadfast love and mercy,
- ⁵ who satisfies you with good
so that your youth is renewed like the eagle's.
- ⁶ The LORD works righteousness
and justice for all who are oppressed.
- ⁷ He made known his ways to Moses,
his acts to the people of Israel.
- ⁸ The LORD is merciful and gracious,
slow to anger and abounding in steadfast love.
- ⁹ He will not always chide,
nor will he keep his anger forever.
- ¹⁰ He does not deal with us according to our sins,
nor repay us according to our iniquities.
- ¹¹ For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;
- ¹² as far as the east is from the west,
so far does he remove our transgressions from us.
- ¹³ As a father shows compassion to his children,
so the LORD shows compassion to those who fear him.
- ¹⁴ For he knows our frame;
he remembers that we are dust.
- ¹⁵ As for man, his days are like grass;
he flourishes like a flower of the field;
- ¹⁶ for the wind passes over it, and it is gone,
and its place knows it no more.
- ¹⁷ But the steadfast love of the LORD is from everlasting to
everlasting on those who fear him,
and his righteousness to children's children,
- ¹⁸ to those who keep his covenant

and remember to do his commandments.

- ¹⁹ The LORD has established his throne in the heavens,
and his kingdom rules over all.
- ²⁰ Bless the LORD, O you his angels,
you mighty ones who do his word,
obeying the voice of his word!
- ²¹ Bless the LORD, all his hosts,
his ministers, who do his will!
- ²² Bless the LORD, all his works,
in all places of his dominion.
Bless the LORD, O my soul!

For Further Discussion....

- In what ways is David's prayer "**personal**", reflecting his **relationship with the LORD**? In what ways is David's prayer "**communal**", with the **big picture** in mind? Give one or two examples of each perspective.
- David spends time speaking to his own soul. What is his **basic message to his soul**?
- David connects the **LORD's actions in history to His attributes**. Why is this **significant**?
- The **eagle** a common Biblical metaphor for **spiritual renewal** (5). What things mark **spiritual renewal in this Psalm**?
- Read [Exodus 19:4](#), an "eagle's wings" reference that David certainly has in mind as he prays. What does this show us about the **nature of spiritual renewal**?
- This Psalm encourages us to **bring our sins and weaknesses to the LORD**. Share one verse or phrase that **strikes you. Why?**
- This Psalm shows us the **permanence of God's love**. Share one verse or phrase that **strikes you. Why?**
- This Psalm challenges us with the truth of **God's sovereign rule**. Share one verse or phrase that **strikes you. Why?**
- **Pray together** in light of this week's passage.

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