



West End  
presbyterian church

**The Eighth Sunday after the Epiphany**

In the Christian year, we are now in the season of Epiphany. Epiphany is a time that helps us to remember Jesus as the long-awaited Hebrew Messiah and His mission to the nations. Epiphany has a particular focus on Jesus as the Light of the World and "God with us," and the Church's role in proclaiming that Jesus is Lord.

## PREPARATION FOR WORSHIP & COMMUNION

### FASTING

"Fasting makes sense as a discipline in the Christian life only if it is connected with desire for Christ. When we fast, we say 'More than we want our hunger to cease, we want Your kingdom to come!'"

—David Platt

"Fasting isn't about inflicting pain upon our bodies and it's not about removing sin from our lives- the latter would be repentance and should not be limited to a season. Biblical fasting is a withholding of things- good things- that have taken a too-important role in our lives. Fasting is about dependence."

—Raechel Myers

## CALL TO WORSHIP

*Psalm 84:1-2, 10-12*

How lovely is Your dwelling place, O LORD of hosts!

**My soul longs, yes, faints for the courts of the LORD;**

My heart and flesh sing for joy to the living God.

**For a day in Your courts is better than a thousand elsewhere.**

I would rather be a doorkeeper in the house of my God than dwell in the tents of wickedness.

**For the LORD God is a sun and shield; the LORD bestows favor and honor.**

No good thing does He withhold from those who walk uprightly.

**O LORD of hosts, blessed is the one who trusts in You!**

## INVOCATION

# SONG OF ADORATION

## BETTER IS ONE DAY

1. How lovely is Your dwelling place  
O Lord almighty  
For my soul longs and even faints  
For You  
For here my heart is satisfied  
Within Your presence  
I sing beneath  
The shadow of Your wings...

*Better is one day in Your courts  
Better is one day in Your house  
Better is one day in Your courts  
Than thousands elsewhere*

2. One thing I ask and I would seek  
To see Your beauty  
To find You in the place  
Your glory dwells...

3. Better is one day, better is one day  
Better is one day  
Than thousands elsewhere  
Better is one day, better is one day  
Better is one day  
Than thousands elsewhere...

*"Better is one day in your courts than a thousand elsewhere." Psalm 84:10*

Text/Tune: Matt Redman  
©1995 Thankyou Music. Used by permission. CCLI #708363

## Welcome

*We are glad you have joined us this morning! If you are visiting our church for the first time, or are a regular attender or church member, we encourage you to use our online or paper "[Keep in Touch](#)" form to introduce yourself, request prayer, or request more information about our church. Following the service, please introduce yourself to Pastor Steve Shelby either in the Gallery or on the front sidewalk.*

## OLD TESTAMENT READING

*Isaiah 58:1-12*

Cry aloud; do not hold back; lift up your voice like a trumpet; declare to my people their transgression, to the house of Jacob their sins. Yet they seek me daily and delight to know my ways, as if they were a nation that did righteousness and did not forsake the judgment of their God; they ask of me righteous judgments; they delight to draw near to God. 'Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?' Behold, in the day of your fast you seek your own pleasure, and oppress all your workers. Behold, you fast only to quarrel and to fight and to hit with a wicked fist. Fasting like yours this day will not make your voice to be heard on high. Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the Lord? "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry, and he will say, 'Here I am.' If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday. And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail. And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.

# MINISTRY OF PRAYER

*Matthew 6:9-13*

Led by  
Elder Glenn Smith

**Our Father, who art in heaven, hallowed be Thy name,  
Thy Kingdom come, Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread, and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from the evil one.  
For Thine is the Kingdom and the power and the glory forever and ever. Amen.**

*Pray for God's advancing Kingdom: for our Church, our City, and the World.  
This week...*

- For West End Presbyterian Church: that our actions and words would be marked by humility and self-control, and that our hearts would desire your glory instead of our own.
- For Metropolitan Richmond: for the schools and educational institutions of Metropolitan Richmond. For families and households.
- For God's world mission: for North Africa and the Middle East, for WEPC Mission Partner SeeJesus, and M as he ministers in that region of the world.

The offering isn't just about money. Our response to the Gospel goes much deeper; God demands our whole selves. The act of giving in worship is a part of offering ourselves as "living sacrifices" to God (Rom. 12:1).

## OFFERING

*If participation in the offering is part of your weekly worship, please place your offering in one of the offering plates near the rear Sanctuary doors, mail your offering to the church office (9008 Quioccasin Road, Henrico, VA, 23229), or visit [www.wepc.org/giving](http://www.wepc.org/giving) for online giving options.*

## SONG OF PRAISE

*"Even to your old age I am  
He, and to gray hairs I will  
carry you. I have made,  
and I will bear; I will carry  
and save."  
Isaiah 46:4*

Latifah Alattas ©2014 Page  
CXVI. Used by permission.

### FAST FROM, FEAST ON

1. Fast from the swelling darkness  
Feast on the power of His light  
Fast from discontentment  
Feast on the joy that He brings...

2. Fast from the fear that haunts us  
Feast on the power of His might  
Fast from the trap of judgment  
Feast on all that's been redeemed...

*Sustainer, Protector, the Well of Life  
My Helper, my comfort, the Bread of Life  
Sustainer, Protector, the Well of Life  
My Helper, my comfort, the Bread of Life  
Is You  
Is You*

## CHILDREN'S WORSHIP (10:30am)

*Children, age 4 through 2nd grade, will be dismissed prior to the sermon for a Bible Lesson, activity, and fellowship. Pick up from the Chapel. [www.wepc.org/grow/children](http://www.wepc.org/grow/children)*

## CHILDREN'S BLESSING (10:30am)

Gather round ye children come  
Listen to the old, old Story  
Of the power of death undone  
By an Infant born of glory  
Son of God, Son of Man

*"But Jesus said, 'Let the little children come to me and do not hinder them, for to such belongs the kingdom of heaven.'"*  
Matthew 19:14

Andrew Peterson ©2005  
New Springs (Admin. by  
Brentwood-Benson Music  
Publishing, Inc.) Used by  
permission. CCLI #708363

---

GOD THE SON RENEWS US THROUGH HIS WORD & SACRAMENT

---

## SCRIPTURE Reading

<sup>16</sup>And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. <sup>17</sup>But when you fast, anoint your head and wash your face, <sup>18</sup>that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

*Matthew 6:16-18*

## SERMON

*A Worship Guide with sermon notes and recordings is posted each Sunday at [wepc.org/sermons](http://wepc.org/sermons).*

# PREPARATION FOR THE LORD'S SUPPER

## WORDS OF INSTITUTION

*1 Timothy 3:9; 1 Corinthians 5:7-8, 10:16-17, 15:3-4; from the Book of Common Prayer*

Therefore, we proclaim the mystery of the faith:

**Christ has died. Christ is risen. Christ will come again.**

Christ our Passover is sacrificed for us.

**Therefore let us keep the feast.**

The gifts of God for the people of God.

## CONFESSION OF SIN

*Lutheran Prayer (1536)*

### **Confession & Encouragement**

Often we find that our hearts worship something other than God. In confessing our sins, the Holy Spirit probes our hearts and minds and graciously shows us what we mistakenly believe will give us life. Jesus is good to lead us from sorrow over our sin to the sweetness of His grace.

**I am a poor sinner, I confess before You, my God and Creator, that I have grievously sinned against You in many ways, not only by gross outward sins, but much more through inward natural blindness, unbelief, doubts, despondency, impatience, pride, covetousness, secret envy, hatred, malice, and other sinful affections which You see in me, my Lord and God, and which, alas, I cannot always see in myself. I repent of these, and cry to You for Your mercy, through Your beloved Son Jesus Christ. Amen.**

*Silent Confession of Sin*

## WORDS OF ENCOURAGEMENT

*Daniel 9:9, 18*

The Lord our God is merciful and forgiving, even though we have rebelled against Him. We do not make requests of You because we are righteous, but because of Your great mercy.

# THE SACRAMENT OF THE LORD'S SUPPER

*West End Presbyterian Church welcomes all baptized Christians who actively trust in Jesus Christ for salvation, who are willing to forsake their sin and heart-idols, and who are members of congregations that proclaim the Gospel, to participate in the sacrament of the Lord's Supper with us.*

*The Elders presiding over the Supper today are standing at a safe distance from each communion table. Know that they are praying for you as the congregation participates in the sacrament.*

*If your child is ready to make a public profession of faith in Jesus Christ, please contact the WEPC office.*

---

GOD THE HOLY SPIRIT TRANSFORMS US BY HIS GRACE

---

## SONGS OF RESPONSE TO GOD'S GRACE

### JESUS, I COME

1. Out of my bondage  
Sorrow and night  
Jesus I come, Jesus I come  
Into Thy freedom, gladness and light  
Jesus, I come to Thee  
Out of my sickness into Thy health  
Out of my wanting and into Thy wealth  
Out of my sin and into Thyself  
Jesus, I come to Thee

2. Out of my shameful failure and loss  
Jesus I come, Jesus I come  
Into the glorious gain of Thy cross  
Jesus, I come to Thee  
Out of earth's sorrows into Thy balm  
Out of life's storm and into Thy calm  
Out of distress into jubilant psalm  
Jesus, I come to Thee

3. Out of unrest and arrogant pride  
Jesus I come, Jesus I come  
Into Thy blessed will to abide  
Jesus, I come to Thee  
Out of myself to dwell in Thy love  
Out of despair into raptures above  
Upward forever on wings like a dove  
Jesus, I come to Thee

4. Out of the fear  
And dread of the tomb  
Jesus I come, Jesus I come  
Into the joy and light of Thy home  
Jesus, I come to Thee  
Out of the depths of ruin untold  
Into the peace of Thy sheltering fold  
Ever Thy glorious face to behold  
Jesus, I come to Thee

*"Come to me, all you who are weary and burdened, and I will give you rest."  
Matthew 11:28*

Words: William Sleeper  
Music: Greg Thompson  
©2000 Cardiphonia Music  
Used by permission.  
CCLI #708363

*"Let us then approach  
God's throne of grace with  
confidence, so that we may  
receive mercy and find grace  
to help us in our time of  
need." Hebrews 4:16*

Words by James Cummins  
(1839); Music by Greg  
Thompson; ©2004 Greg  
Thompson Music.  
Used by permission.

## **BY THY MERCY**

1. Jesus, Lord of life and glory  
Bend from Heav'n Thy gracious ear  
While our waiting souls adore Thee  
Friend of helpless sinners, hear...

*By Thy mercy, O deliver us  
Good Lord, good Lord  
By Thy mercy, O deliver us  
Good Lord, good Lord*

2. From the depth of nature's blindness  
From the hardening power of sin  
From all malice and unkindness  
From the pride that lurks within...

## **O COME TO THE ALTAR**

1. Are you hurting and broken within  
Overwhelmed by the weight of your sin  
Jesus is calling  
Have you come to the end of yourself  
Do you thirst for a drink from the well  
Jesus is calling...

*O come to the altar  
The Father's arms are open wide  
Forgiveness was bought with  
The precious blood of Jesus Christ*

2. Leave behind your regrets and mistakes  
Come today, there's no reason to wait  
Jesus is calling  
Bring your sorrows and trade them for joy  
From the ashes a new life is born  
Jesus is calling...

3. Oh what a Savior  
Isn't he wonderful  
Sing alleluia, Christ is risen  
Bow down before him  
For he is Lord of all  
Sing alleluia, Christ is risen...

3. In the weary hours of sickness  
In the times of grief and pain  
When we feel our mortal weakness  
When all human help is vain...

4. In the solemn hour of dying  
In the awful judgment day  
May our souls, on Thee relying  
Find Thee still our Rock and Stay...

*"I will turn their mourning  
into joy; I will comfort them,  
and give them gladness for  
sorrow." -Jeremiah 31:13*

Chris Brown, Mack Brock,  
Steven Furtick, Wade Joye.  
©2015 Elevation Worship.  
Used by permission.  
CCLI #708363



# DOXOLOGY



Praise God from whom all blessings flow; Praise Him, all creatures here below Praise Him above ye heavenly host; Praise Father Son and Holy Ghost. Amen.

*"Let everything that has breath praise the LORD."*  
Psalm 150:6

Text: Thomas Ken (1709)  
Tune: OLD HUNDREDTH  
(Bourgeois, 1551)

**What does "doxology" mean?**  
It's derived from two Greek words meaning "glory" and "word." A doxology, then, is a spoken word or song that ascribes glory to God. Today's doxology calls all of creation to praise God as the source of all blessing and acknowledges His Trinitarian (three-in-one) nature.

# BENEDICTION

*"Rejoice in hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints and seek to show hospitality."*

*Our Elders are available for prayer at the front of the Sanctuary following the 9 & 10:30 AM services.*

*Pastor Steve Shelby preached today's sermon. Pastor Kevin Greene led worship. Elder Kevin Shaffer, Audrey Snyder, Georgia Collier, Jamison Taggart, Worship Arts Director Becca Wethered, and Jake Bruning led this morning's congregational singing. Jay Smith, Jon Greenhill and Chris May managed today's audio and video live stream. Michael Whitman managed the in-house video system.*

*Romans 12:12-13*

## **The Last Word**

God always has the last word in our worship. For those who are in Christ Jesus, these are always words of blessing.

# Announcements

## ADULT MINISTRY

[www.wepc.org/adults](http://www.wepc.org/adults)

### Adult Sunday School / 9AM

[www.wepc.org/adults](http://www.wepc.org/adults)

- Series on King Solomon / Chapel
- Series on Discipleship / Chapel, then Rm. 21
- Series on Lent starting March 6 / Library

### Parenting Book Club

*Gospel Principles That Can Radically Change Your Family*

[www.wepc.org/adults](http://www.wepc.org/adults)

Wednesdays / 6-7:30PM / Library

### Wednesday Night Fellowship

*The Book of Job: God in Our Suffering*

[www.wepc.org/WNFJob](http://www.wepc.org/WNFJob)

Wednesdays / 6-7:30PM / Chapel

### Women's Ministry

[www.wepc.org/grow/women](http://www.wepc.org/grow/women)

Wellspring: Tuesdays AM

Restore: Wednesdays PM

### Third Saturday Mature Singles Fellowship

[www.wepc.org/MASfellowship](http://www.wepc.org/MASfellowship)

March 19 / 4-5:30PM

### Young Singles Fellowship

[www.wepc.org/youngsingles](http://www.wepc.org/youngsingles)

March 13 / 12:15 PM

Join us for lunch and fellowship!

## CHILDREN'S MINISTRY

<https://www.wepc.org/grow/children/>

### 9 AM

- Nursery (infant-3 years); upstairs
- Preschool Quest (4 & 5 years); downstairs
- Sunday School (K-5); downstairs

### 10:30 AM

- Nursery (infant-3 years old); upstairs
- Children's Worship (4 years-2nd grade); Chapel

### Kids Club

Wednesdays / 6-7:30 PM / Rm. 25

### Spring Fling

March 19

## NEIGHBORHOOD OUTREACH MINISTRY

[www.wepc.org/neighborhood](http://www.wepc.org/neighborhood)

### Tutors Needed

We are currently looking for more tutors to help students (K-9), one hour each week, with school-work. Contact: Evelyne ([evelyne@wepc.org](mailto:evelyne@wepc.org))

### Afghan Refugee Resettlement Ministry

WEPC is sponsoring the resettlement of two Afghan families here in Richmond. We are collecting donations for their new homes.

Contact: Lori ([lori@wepc.org](mailto:lori@wepc.org))

### Sewing Friends

Wednesdays / 9:30-11:30AM / Rm. 23

Join us as we connect with immigrant women and share the love of Jesus. Contact: Christine ([christine@wepc.org](mailto:christine@wepc.org))

### Simple English Christian Service

[www.wepc.org/simpleenglish](http://www.wepc.org/simpleenglish)

March 13 / 12PM / Chapel

## YOUTH MINISTRY

[www.wepc.org/grow/youth](http://www.wepc.org/grow/youth)

**Youth Sunday School:** 9AM / Youth Lounge

### Youth Group: Wednesdays

- Middle School / 6-7:30PM / Gym
- High School / 7:30-9PM / Gym

### High School Overnight

March 4-5

## GOSPEL & RACE

[www.wepc.org/resources/gospel-race/](http://www.wepc.org/resources/gospel-race/)

### Book Study: Becoming All Things

Sundays, through March 6  
6-7:30PM / Fellowship Hall

Interested in learning how the Gospel empowers us to love our neighbors across racial and ethnic differences? Register now!

## WORLD RELIEF RESOURCES

### Ukraine Crisis Church Fund

See Mission to the World's website for opportunities to give and support those affected by the crisis in Ukraine.

## Lent & Easter 2022

[www.wepc.org/lent-easter](http://www.wepc.org/lent-easter)

### Worship Services

- Ash Wednesday / March 2 / 6:30PM
- Maundy Thursday / April 14 / 7PM
- Good Friday / April 15 / 7PM
- Easter Sunday / April 17 / 9 & 10:30AM

### Personal Retreat

Saturday, March 19 / 8:30AM-12:30PM

Roslyn Retreat Center

Join us for a time alone in prayer, reflection, Scripture readings, and communion. [Register online now!](#) Contact: Kevin ([kevin@wepc.org](mailto:kevin@wepc.org))

### Following Jesus Conference

Saturday, March 26 / 8:30AM-12:30PM

Join speakers Mike & Renee Higgins for a morning of stories of fellowship with Christ that we might be encouraged as His disciples. [Online Registration](#) is required; the [event](#) is free of charge.

### Weekly Lenten Prep for Worship

If you have not already, sign up for WEPC weekly Saturday emails to receive a Lenten Preparation for Worship devotional on our [Keep in Touch](#) form, and check the box 'I would like to be included on the WEPC email list.'

## GENERAL INFORMATION

### Deacons of the Week

Stephen Hunn, Ed Bowman, David Creasy, & Tim Berry

### NEW WEPC Directories are here!

2022 Directories are available in the Gallery on each of black cabinets and Welcome Table. You are invited to take up to 2 per family.

### Counseling

Lara Finnie, Licensed Professional Counselor at WEPC, is available by appointment. Visit [Abiding Branches](#) for more information.

### Fiscal Year Giving Report (as of 2/20/22):

Operating gifts YTD: \$1,482,974.05

Forecasted gifts YTD: \$1,421,948.12

% of expected budget received: 104.29

## FOOD PANTRY

[www.wepc.org/foodpantry](http://www.wepc.org/foodpantry)

We are adding a new way to donate food items to the WEPC In Jesus' Name Food Pantry! Simply choose a Food Item "team" and add those items to your personal grocery list each time you shop.

Examples include:

- Team Flour/Sugar
- Team Oil/Salt
- Team Garbanzo
- Team Tomato
- Team Peach

There are no formal signups for these donations - please visit [our webpage](#) for more info!

# Keep in Touch

Especially if this is your first Sunday with us —welcome!

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Children's Names: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Who invited you to WEPC? How did you first hear about us?

\_\_\_\_\_

◇ Check if this is NEW contact information for you.

Please check the appropriate boxes:

- |                        |                 |
|------------------------|-----------------|
| ◇ Visitor              | Age:            |
| ◇ Male                 | ◇ 20 or younger |
| ◇ Female               | ◇ 21-26         |
| ◇ Single               | ◇ 27-34         |
| ◇ Student (Grade ___ ) | ◇ 35-49         |
| ◇ Student (College)    | ◇ 50-64         |
| ◇ Married              | ◇ 65 and older  |
| ◇ Parent               |                 |
| ◇ Widowed              |                 |

I would like info about:

- ◇ WEPC
- ◇ Women's Ministry
- ◇ Men's Ministry
- ◇ Childrens Ministry
- ◇ Youth Ministry
- ◇ Adult Classes
- ◇ Home Groups
- ◇ Neighborhood Outreach
- ◇ Becoming a member of WEPC
- ◇ Other: \_\_\_\_\_

◇ Please include me on the WEPC email list.

◇ I am interested in learning more about becoming a Christian.

Prayer Requests: